

SPECIAL OLYMPICS EAST MIDLANDS EQUESTRIAN WORKING TRAILS COURSE

1. FIVE OBSTACLES

Bend around 5 numbered obstacles leaving first obstacle to the right. The obstacles will be placed at varying angles and distances. Rider to demonstrate ability to steer pony/horse and maintain active walk. For led classes leaders must stay to the left of the obstacles.

2. RAINBOW CURVE

Walk between the curve of rainbow uprights. Rider to keep to the centre of curve, maintain rhythm, look for & take correct half circle route towards the centre line between the two apple trees. For led classes leader must walk between uprights.

3. APPLE TREES

Halt between Apple Trees, pick up an apple with one hand only and drop into bucket. Rider to halt centrally, pick apple off one tree and using the same hand, drop into bucket on the opposite side. Rider to maintain square halt whilst apple picking, with organisation of reins and overall control.

4. FLOWER PLANTERS

Walk centrally between the two planters and circle around either the right or left planter. Rider to maintain accurate shape of the circle and active walk throughout. The circle can be any size providing it starts and finishes centrally between the planters.

5. ROAD

Proceed along road to "HALT" sign, halt for 6 seconds then turn left. Following the road turn left again. Rider to show accurate steering, rhythmical walk and up/down transitions. Horses head not to go beyond the road line. Leader to lead from the left side staying on the outside of the road.

6. BRIDLE PATH

Bridle path sign to shrub markers.

LEVEL C - Halt at bridle path sign, maintain a good square halt for 6 seconds and walk on. Rider to show a good transition from halt to walk and maintain a straight active walk throughout, walking centrally between the two cones.

LEVELS A & B - Begin trot at bridle path sign and go forward into walk at the cones. Rider to proceed in sitting or rising trot maintaining position throughout. Rider to use correct aids for transitions which may include voice. Transition to walk between the cones.

7. BRIDGE

Walk centrally over bridge. Rider to show accurate steering to and over bridge, maintaining an active walk. For led classes leaders to walk over bridge

8. POND & SHEEP PEN

Serpentine around duck pond and sheep pen. Rider to show even, accurate loops whilst maintaining an active walk.

9. GATE

Open gate, walk through and thank gatekeeper. Rider to show correct parallel approach to gate, open gate, circle away & walk through. No need to shut it. Halt and thank gatekeeper by raising hand, nodding or voice.

10. POST BOXES

Take a letter and proceed to either post-box to post it. Take a letter from the gatekeeper and proceed to either letterbox showing a positive approach and good transitions. Halt and post letter.

Pat or thank pony, gather reins and walk on.

Walk on to exit and leave the course when directed to do so. The rider is no longer being judged at this point.

Leaders/callers can give the riders the instructions printed in bold for each obstacle.

Riders may attempt each obstacle twice. If unsuccessful they should then move on to the next obstacle.

SO East Midlands Equestrian – Working Trails Course

